Legionella!

Your chances of getting infected by legionella from a domestic water source are pretty low – as far as we are aware there has never been a case of someone getting Legionnaires Disease from a domestic supply – *but you can't be too careful!* Here are a few tips that you could follow to eradicate the risk of legionella.



Regularly run water through all your taps to prevent stagnant water from building up. If you have a shower, you should be okay if you are using it every day, but if not, run water through it on the days it's not been in use.

If you have a shower in your bathroom, regularly dismantle the showerhead and hose and disinfect and de-scale them both with a shop-bought disinfectant or cleaner – DO NOT USE A BLEACH BASED SUBSTANCE. *Follow 'Steps 1 to 4'on the right!*



If you go away for a while – on holiday or whatever – when you get back, turn on the taps at your kitchen sink and let the water run through them for about two minutes then turn the taps off. Then repeat that for your taps at your wash hand basin, followed by your bath taps (if you have a bath). If you have a shower in your flat, disinfect and de-scale the showerhead and hose as described above.



If your hot water is running lukewarm, or if your cold water isn't as cold as you think it should be, report it to us immediately. Indeed, report any problem that you have with your water as soon as you can.



Disconnect the showerhead.



Disconnect the shower hose.



Steep the showerhead and the hose in a basin of warm water and disinfectant for about 15 minutes.



Reattach the showerhead and hose then run the water for a few minutes to get rid of the disinfectant. You are then good to go!